

YOUR PEACE-OF-MIND

Saii

S P A

– STAY WELL –



saiihotels.com

SAii

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– STAY WELL –

WELCOME TO YOUR WELLNESS HAVEN

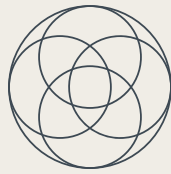
At SAii Spa, we invite you on a journey of self-care to restore your sense of connection and rejuvenate every area of your life so you can truly Live Well.

Nestled in nature, our spa draws inspiration from sand, sea and locally sourced organic ingredients for sustainable pampering that's in harmony with the world around you.

Just as island elements are woven into your spa journey, the SAii Live Well philosophy is infused into every part of your escape as we invite you to Eat Well, Sleep Well, Move Well, Stay Well and Explore Well. Each experience here is thoughtfully crafted to boost your physical, mental and emotional health—because you deserve to feel great inside and out.

In Thai, ‘ทราย’ (SAii) means sand, a timeless symbol of transformation, balance, and renewal. At SAii Spa, this philosophy inspires every treatment: offering nourishment to help you Eat Well, relaxation to help you Sleep Well, resilience to help you Stay Well, grounding to help you Live Well, and restoration to help you Explore Well. Just as sand adapts and evolves with the flow of time, SAii Spa provides a sanctuary for your journey to wellness and harmony.

YOUR PEACE-OF-MIND
starts here.



SAii WELLNESS GURUS

Not sure where to start?

*Let our SAii Wellness Gurus help.
Simply share your wellness goals,
and we'll provide tailored solutions
—from customized treatments
to a specially curated drink and snack menu
designed to match your lifestyle.*

Embrace a wellness journey that's uniquely yours.

SAii SPA GUIDELINES



SPA TREATMENT HOURS

SAii Spa operates daily, 10:00 AM to 10:00 PM.

SPECIAL HEALTH CONDITIONS

Please let our team know about any health concerns or relevant medical history so we can provide you with the most suitable treatment options.

AGE REQUIREMENTS

Reservations for treatments may be made by guests aged 16 years and older. Guests under the age of 16 may receive treatment only when accompanied by a parent or guardian.

APPOINTMENTS & CANCELLATIONS

To enhance your experience, we recommend arriving at the spa 15 minutes prior to your scheduled treatment time. Late arrivals will result in a reduced treatment duration. Please be advised that a full charge will be incurred for any treatment not cancelled at least 3 hours in advance.

CLOTHING

For spa treatments, we advise wearing the bathrobe provided in your accommodation or suitable attire and footwear for active and outdoor activities.

OTHER INFORMATION AND SUGGESTIONS

We strongly recommend scheduling your treatments in advance to secure your preferred times. Please complete any light meals at least 1 hour prior to your treatment, while light snacks should be consumed 30 minutes in advance.

Disposable underwear will be provided and may be used at your discretion. We also advise removing jewellery and watches and securing them in the lockable safe within your hotel room. Your therapist will meet you at the reception and guide you to your treatment room.

PRICES

All prices are in THB (Thai Baht) and are subject to a 10% service charge and a 7% tax. Please note that prices and treatments are subject to change without prior notice.

SAii Spa accepts cash and all major credit cards. Hotel guests may charge treatments to their room accounts.

SPA TREATMENTS

	Durations (Mins)
SAii SIGNATURE EXPERIENCES	
SAii Signature Touch	120
Seaside Dreams	120
Digital Detox	90
MASSAGE JOURNEYS	
SAii Traditional Thai Massage	60/90/120
SAii Deep Restore	60/90
SAii Vital Balance	60/90
SAii Gentle Calm	60/90
Foot and Head Massage	60/90
SUN KISSED RITUALS	
SAii Sun Prep Ritual	90
SAii Sun Recovery Treat	90
FACIAL RITUALS	
Anti-Aging Marine Facial	60
Purifying Marine Facial	60
BODY RITUALS	
Beach Bliss Body Scrub	60
Sunburn Relief Wrap	60
HAND & FOOT RITUALS	
Detoxifying Foot Treatment	60
Pedicure Ritual	60
Express Pedicure	45
Manicure Ritual	60
Express Manicure	30
ENHANCEMENT RITUALS	
Add-on Services	30

SAii SIGNATURE EXPERIENCES

SAii SIGNATURE TOUCH

Begin your journey to tranquility with guided breathwork exercises. Next, our signature massage – a harmonious blend of Thai stretching and deep-tissue techniques, combined with a soothing heated sand compress – will melt away tension.

Finally, a warm coconut oil head and face massage, culminating with a heated sacred stone on your crown chakra, will leave you feeling completely rejuvenated.

Includes:

Guided breathwork, signature massage, warm head and face massage, heated chakra stone.

120 Mins

THB 5,500



SEASIDE DREAMS “PARADISE BLISS: HEAD-TO-TOE RELAXATION”

Immerse yourself in a luxurious tropical-inspired journey designed to rejuvenate your body and uplift your spirit. Begin with a gentle golden sand scrub, inspired by the beauty of tropical beaches, to exfoliate and revitalise your skin. Continue with a deeply relaxing oil massage enhanced by the soothing warmth of a Himalayan salt compress, releasing tension and improving circulation. Conclude with a blissful head massage, leaving you fully refreshed and restored.

Includes:

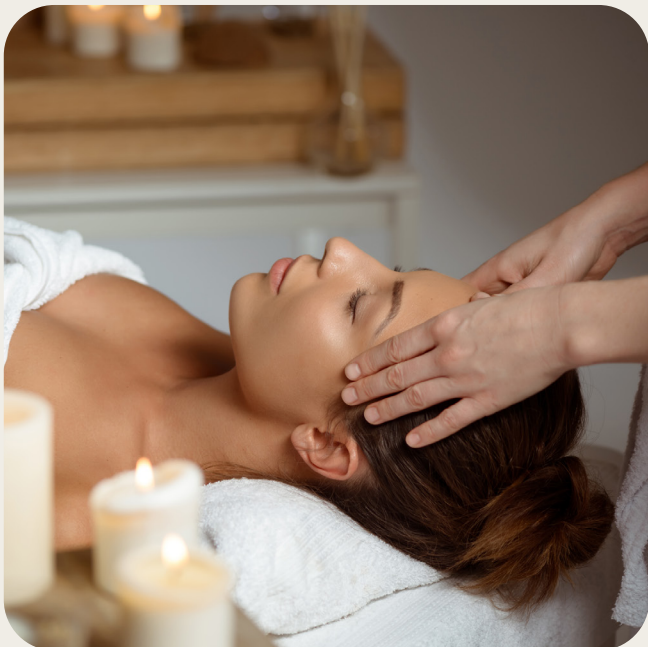
30 mins - Golden sand body scrub.

60 mins - Soothing oil massage with warm Himalayan salt compress.

30 mins - Relaxing head massage.

120 Mins

THB 5,500



SAii SIGNATURE EXPERIENCES



DIGITAL DETOX

Embrace peace of mind in a serene retreat from digital stress. Begin with a Digital Disconnect Ritual as you set aside your devices in a secure space and centre yourself in the moment. After the light application of essential oil, indulge in a restorative full-body massage that targets areas impacted by screen time using a blend of soothing techniques to relax and revitalise. Next, a scalp and head massage, enhanced with refreshing mint and rosemary, relieves lingering mental tension. Conclude your journey in the relaxation area, where you can stay unplugged to sip herbal tea and reflect.

Includes:

Digital disconnect, aromatic grounding, restorative massage, head massage, relaxation time.

90 Mins

THB 3,900

All prices are in Thai baht and subject to 10% service charge and 7% applicable government tax.

SAii Spa: Stay Well

Inspired by sand, guided by peace



YOUR
PEACE-OF-MIND

MASSAGE JOURNEYS

Rooted in tradition, guided by care, crafted for your Peace-of-Mind

Every aromatherapy massage in this collection is performed using warm aromatic oil, enhancing relaxation, soothing muscle tension, and promoting overall well-being.

SAii TRADITIONAL THAI MASSAGE (Bespoke Experience)

Tailored for the demands of modern lifestyles, this treatment blends rhythmic stretching, deep acupressure, and mindful movement to improve flexibility, release tension, and restore energy flow. Perfect for those seeking relief from everyday stress, this massage brings balance and rejuvenation through techniques refined over centuries.

120 Mins

THB 4,000

90 Mins

THB 3,400

60 Mins

THB 2,500



SAii DEEP RESTORE (Strong Pressure)

A deeply invigorating massage designed to relieve chronic muscle tension and tech fatigue.

This personalised treatment uses warm aromatic oil and firm pressure to restore mobility and rejuvenate the body.

90 Mins

THB 3,900

60 Mins

THB 3,300

All prices are in Thai baht and subject to 10% service charge and 7% applicable government tax.

SAii VITAL BALANCE

(Medium Pressure)

A tailored fusion of traditional Thai techniques and moderate pressure, this massage promotes flexibility, relieves built-up tension, and restores overall balance.

90 Mins

THB 3,900

60 Mins

THB 3,300



SAii GENTLE CALM

(Soft Pressure)

A soothing, light-pressure massage designed to ease stress and enhance relaxation. Using gentle strokes and warm aromatic oil, this treatment melts away tension, leaving you in a state of deep calm.

90 Mins

THB 3,900

60 Mins

THB 3,300



FOOT & HEAD MASSAGE

A revitalising treatment that focuses on relieving tension in the feet and head, promoting circulation and overall relaxation.

90 Mins

THB 2,700

60 Mins

THB 2,200



All prices are in Thai baht and subject to 10% service charge and 7% applicable government tax.

SUN KISSED RITUALS

Prepare, glow, and recover—your way to radiant balance



SAii SUN PREP RITUAL

Get your skin ready for a beautiful, even tan with our SAii Sun Prep Ritual. This package is designed to exfoliate, hydrate, and nourish your skin, creating the perfect foundation for a healthy, glowing tan.

Includes:

30 mins - Full-body exfoliation.

60 mins - Sun glow massage, sun protection application.

90 Mins

THB 5,000

SAii SUN RECOVERY TREAT

Experience soothing relief with our SAii Sun Recovery Package, crafted to repair and calm sunburned skin while restoring hydration and comfort.

Includes:

40 mins - Aloe vera & cucumber cooling wrap.

30 mins - Healing touch massage.

20 mins - Calming facial mask.

90 Mins

THB 4,800



All prices are in Thai baht and subject to 10% service charge and 7% applicable government tax.

FACIAL RITUALS

Radiance begins with care



ANTI-AGING MARINE FACIAL

Revitalise your skin with this firming treatment, which combines collagen-boosting ingredients and expert massage techniques to lift and tighten your skin. Ideal for achieving a refreshed and youthful appearance, this facial leaves your skin looking firmer and glowing.

60 Mins

THB 4,500

PURIFYING MARINE FACIAL

Quench your skin's thirst with this deeply nourishing treatment, which uses a blend of hydrating ingredients and soothing techniques to replenish moisture and restore radiance.

Perfect for dry or sun-exposed skin, this facial leaves your complexion soft, smooth, and revitalised.

60 Mins

THB 3,500



All prices are in Thai baht and subject to 10% service charge and 7% applicable government tax.

BODY RITUALS

Exfoliate, hydrate, and restore—your path to radiant renewal

BEACH BLISS BODY SCRUB

Indulge in the ultimate skin renewal with our Beach Bliss Coconut Body Scrub, specially designed to exfoliate and refresh sun-kissed skin.

This tropical-inspired treatment blends natural sea salt or sugar with nourishing coconut oil, gently buffing away dead skin cells to reveal a soft, smooth, and radiant glow. The warm, tropical aroma enhances relaxation, leaving your skin hydrated and rejuvenated.

60 Mins

THB 2,200



SUNBURN RELIEF WRAP

Deeply hydrate and calm sun-exposed skin. This aloe vera-infused treatment reduces redness and irritation while restoring moisture balance, leaving your skin feeling refreshed, cool, and revitalised.

60 Mins

THB 2,500



All prices are in Thai baht and subject to 10% service charge and 7% applicable government tax.

HAND & FOOT RITUALS

Refined care, naturally expressed

*Choose from nail care experiences designed for naturally beautiful hands and feet.
These meticulous treatments include gentle cleansing, precise nail shaping, and expert cuticle care,
leaving your nails impeccably groomed and refined.*

DETOXIFYING FOOT TREATMENT

A purifying foot soak with mineral-rich salts and essential oils, followed by a detoxifying clay mask, callus removal, and a lymphatic drainage massage.

60 Mins

THB 2,000

PEDICURE RITUAL

(Includes file, cleanse, soak, scrub, cuticle care, massage, and nail polish)

60 Mins

THB 1,300

EXPRESS PEDICURE

45 Mins

THB 1,000

MANICURE RITUAL

(Includes file, cleanse, soak, scrub, cuticle care, massage, and nail polish)

60 Mins

THB 1,100

EXPRESS MANICURE

30 Mins

THB 800

Please note: These services focus on natural nail maintenance and do not include gel polish, nail extensions, or specialised nail artistry.



All prices are in Thai baht and subject to 10% service charge and 7% applicable government tax.

ENHANCEMENT RITUALS

Elevate your experience, your way

TARGETED MASSAGE

Choose your bliss with a targeted massage for your head, hands, calves, face, upper or lower back, shoulders, or feet.

30 Mins

THB 1,600

EYE TREATMENT

Brighten your gaze with a soothing eye mask that refreshes and rejuvenates tired eyes.

20 Mins

THB 1,000

EXPRESS FACIAL

Treat your complexion to a refreshing cleanse followed by a nourishing moisture boost.

30 Mins

THB 1,600

HERBAL BALLS TREATMENT

Experience the healing power of herbal compresses that soothe muscles and enhance relaxation.

30 Mins

THB 1,000

HOT STONE THERAPY

Enhance your massage with the soothing warmth of heated stones, expertly placed to melt away tension, improve circulation, and provide deep muscle relaxation.

30 Mins

THB 1,000

STEAM BATH

A revitalising steam bath infused with aromatic herbs to open pores, promote circulation, and deeply relax muscles. This warm, soothing experience prepares the body for deeper massage benefits while enhancing overall well-being.

15 Mins

THB 1,000



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YOUR PEACE-OF-MIND

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HOTELS & RESORTS



MALDIVES LAGOON

KOH SAMUI VILLAS

PHUKET LAGUNA

PHI PHI ISLAND VILLAGE

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